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Education, Awards, and Appointments

EDUCATION

Ph.D. in Women's Studies, York University, June 2004

Dissertation: *Becoming Women: Body Image, Identity, and Difference in the Passage to Womanhood*

Focus areas: Interdisciplinary perspectives on the body, including gender, disability, and critical race studies and the body; body image across the life-span; postmodern, critical, and relational theories of subjectivity, identity, and difference; women, health, and psychology; feminist-informed qualitative research methodologies; and feminist pedagogy.

Defense date: December 8, 2003. Graduation: June 2004.

M.Ed. in Applied Psychology, Ontario Institute for Studies in Education, November

1993 Qualifying Research Paper – *The Politics of Program Development: Women's Services, State Power, and Social Change*

Honours B.A. in History, Harvard University, June 1985 Magna Cum Laude Thesis – *Fashion, Feminism, and Conflict: The Politics of Dress Reform from 1850 to 1914*

AWARDS

Recipient, Trent Merit Award for Excellence in Research and Teaching, 2008-2009. Award for demonstration of exemplary teaching and/or research; candidates selected through faculty nomination process, Trent University. Value: Salary Step Increase

Nominee, Symons Award for Excellence in Teaching, 2006. Top faculty teaching award for demonstration of exemplary teaching and concern for students; candidates selected through student nomination, Trent University. Value: \$1500

Nominee, Governor General's Gold Medal Award, 2004. Awarded to outstanding Master's and Doctoral students who demonstrate the highest distinction in scholarship, York University.

Recipient, Mary McEwan Memorial Award, May 2004. For outstanding women's studies dissertation. Centre for Feminist Research, York University. Value: \$1000

Recipient, Entrance Scholarship, 1994. York University. Value: \$500

Recipient, Hospital and Community Psychiatry Gold Achievement Award, 1990. For outstanding achievement in creating a continuum of services for patients with eating disorders

Education, Awards, & Appointments

and excellence in expanding awareness of treatments through education and research. American Psychiatric Association. Value: \$10,000 US

Recipient, Radcliffe Scholarship, 1985. For travel and thesis research in England. Value: \$500 US

Recipient, Harvard University Financial Aid Award, 1982 – 1985. Value: \$8,000 US per year

Recipient, Jostens Scholarship, 1981. For academic achievement / extracurricular activities.
\$1000

ACADEMIC AND PROFESSIONAL APPOINTMENTS AND MEMBERSHIPS

Associate Professor, Women's Studies Program, Trent University, Tenure and Promotion, July 2008

Associate Member, Department of Adult Education and Counselling Psychology, Ontario Institute for Studies in Education, University of Toronto, Special Appointment: May 2008 – June 2008

Assistant Professor, Women's Studies Program, Trent University, Re-appointment: July 2006 – July 2009

Assistant Professor, Women's Studies Program, Trent University, Appointment: July 2004 – July 2006

Research Scientist, Institute for Women's Health Research, The New Women's College Hospital and University of Toronto, 2006 – Ongoing

Global Academic Advisor and Consultant, Dove Campaign for Real Beauty and Dove Self Esteem Fund, Toronto, New York, and London, 2004 – 2007

Member, Women's College Research Institute, The New Women's College Hospital and University of Toronto, 2004 – 2006

Faculty Member, Limited Term Appointment, Graduate Department of Public Health Sciences, University of Toronto, January 2003 – April 2003, January 2004 – April 2004

Course Instructor, Institute for Women's Studies and Gender Studies, University of Toronto, January 2000 – June 2004

Course Director, School of Women's Studies, York University, 1998 – 1999

Community Researcher, Centre for Feminist Research, York University, 1997 – 2004

Member, Canadian Women's Studies Association (CWSA), 2004 – 2009

Member, Canadian Association for the Study of Women and Education (CASWE), 2003 – 2007

Member, Society for Multi-Ethnic Studies: Europe and the Americas (MESEA), 2006

Member, Society for the Study of Multi-Ethnic Literatures of the U.S. (MELUS) 2006 – 2007

Member, International Society of Critical Health Psychology (ISCHP), 2005 – Ongoing

Member, Ontario Association of Counsellors, Consultants, and Psychotherapists, 2000 – 2009

Research Grants & Collaboratives

Member, Canadian Psychological Association, 2000 – 2009

Member, American Psychological Association, 2001 – 2005

Research Grants and Collaboratives

RESEARCH GRANTS

Social Science and Research Council of Canada (SSHRC) International Travel Grant, 2006. Conference: The Fifth MESEA Conference Ethnic Life Writing and Histories. University of Navarra, Pamplona, Spain. Value: \$860

Principal Investigator, Social Science and Research Council of Canada (SSHRC) Internal Research Grant, 2005 – 2006. Envisioning new meanings of disability and difference. Value: \$2500

Social Science and Research Council of Canada (SSHRC) International Travel Grant, 2005. Conference: 4th International Conference of the International Society of Critical Health Psychology. Sheffield, England. Value: \$700

Co-investigator, Social Science and Research Council of Canada Award (SSHRC), 1998 – 1999. For a research project investigating community-institutional research partnerships aimed at developing feminist research partnership protocols. Community-University Research Alliances (CURA) Proposal Development Grant. Value: \$5000

Social Science and Research Council of Canada Award (SSHRC), 1996 – 1998. For preparation for comprehensive exams as well as Ph.D. dissertation development and research. Value: \$30,000

Recipient, Ontario Graduate Scholarship (OGS), 1999 – 2000. For Ph.D. dissertation development, research, and preparation. Value: \$15,000

RESEARCH COLLABORATIVES

CIHR Operating Grant

Mobilizing New Meanings of Disability and Difference Research Collaborative

Initiated and organized a province-wide partnership project with, by, and for women living with disabilities and physical differences that seeks to investigate how innovative arts-based interventions can challenge cultural and medical misconceptions of disability and difference. I have teamed up with the YWCA of Peterborough, the YWCA of Sudbury, the National YWCA, Women's Health Scholar's Program, Women's College Hospital in Toronto, The Disability and Deaf Women's Program at Springtide Resources in Toronto, The Women's Studies Department and Nursing Program at Trent University in Peterborough, School of Social Work and School of Medicine at Laurentian University in Sudbury, School of Nursing, School of Social Work, Critical Disability Studies Program, Institute for Health Research, and Osgoode Hall Law School at York University, and the School of Public Health and Faculty of Medicine at University of Toronto to create opportunities for women and their health care providers to envision new meanings of difference through digital storytelling and drama. In partnership with the Mobilizing New Meanings of Disability and Difference Research Collaborative as Nominated Principal

Research Grants & Collaboratives

Applicant, I am now developing a CIHR Operating Grant proposal designed to investigate the efficacy of two innovative arts interventions – digital storytelling (autobiographical videos) and ethno-drama (performed narratives of clinical encounters) – to alter health providers’ perceptions (attitudes and affective responses) to women living with bodily differences. The project seeks to explore the potential of art to shift misconceptions of bodily differences that adversely affect the health of women living with/in anomalous bodies.

Requested Funds: Approximately \$500,000 (Budget incomplete)

Status: Proposal in development for February 2009 submission

**Canadian Breast Cancer Foundation – Ontario Region Research Grant Program
Sexuality in Women with Breast Cancer: Exploring Diverse Psychosocial Experiences
using Digital Storytelling**

In partnership with members of the Mobilizing New Meanings of Disability and Difference Research Collaborative as Co-Applicant, I co-developed and submitted a research proposal for exploring the efficacy of an innovative arts intervention, digital storytelling, with diverse groups of women surviving breast cancer to communicate their experience with sexual problems post-cancer treatment. While medical advances in breast cancer treatment, detection and rehabilitation mean that more women are surviving breast cancer, at the conclusion of treatment many are burdened with physical and psychosocial treatment side effects, including psycho-sexual problems (96% of survivors reporting at least one sexual problem). Commonly, studies have found that women are reticent to discuss sexual issues with partners or health providers and that lack of communication increases their relational distress. In addition, few studies have explored the sexual problems of sexual and racial minority women and women with prior disabilities who are breast cancer survivors. Existing studies of interventions addressing sexual problems in breast cancer survivors point to the efficacy of group interventions that focus on addressing sexual experiences and concerns through communication. This study proposes to redress silence, lack of meaning-making, and paucity of images surrounding sexuality and breast cancer for diverse groups of women through digital story-telling.

Requested Funds: \$351,021

Status: Submitted October 2008 and pending decision

PROJECT GRANTS WITH SIGNIFICANT RESEARCH COMPONENTS

Ontario Trillium Foundation (OTF), Envisioning new meanings of disability and difference

Status: This “research as social change” project was developed as a collaborative partnership between health and social service sectors and academic institutions across Ontario. Our collaborative includes the Peterborough YWCA, the Sudbury YWCA, Women’s Studies Program at Trent University, Women with Disability and Deaf Women’s Project at Springtide Resources in Toronto, the Women’s Health Research Institute at University of Toronto, and the New Women’s College Hospital. In June 2006, we submitted a grant proposal to the Trillium Foundation for a 3-year province-wide project that aims to address social exclusion of women with disabilities and physical differences through innovative arts-based interventions such as

Research Grants & Collaboratives

photography, digital storytelling, and drama. The primary purpose of our proposed initiative is to understand how arts-based research can generate positive, health promoting conditions for women living with disabilities and differences. A secondary purpose is to explore the potential of creative methods to engage health and social service providers in revising meanings of body differences interwoven throughout health materials and care milieus. SSHRC and CIHR research grants for this project will be developed and submitted.

Awarded November 2006: \$232,639.79

Laidlaw Foundation, Envisioning new meanings of disability and difference

Building on the *Envisioning New Meanings of Difference and Disability* Project, our collaborative committee was invited to submit a funding proposal to Laidlaw Foundation to translate project findings into a provincial curriculum for post secondary students and providers in health and social service sectors. Requested 2007: \$65,000. Status: Declined due to changes in funding priorities.

Canadian Women's Foundation, Envisioning new meanings of disability and difference

Building on the *Envisioning New Meanings of Difference and Disability* Project, our collaborative committee submitted a proposal to the Canadian Women's Foundation to develop, pilot, and evaluate ethnodrama workshops for post secondary professional students and providers in health and social service sectors. Requested 2008: \$27,430. Status: Awarded in April 2008: \$27,430.00.

National Portrait Gallery of Canada, Envisioning new meanings of disability and difference

Building on the *Envisioning New Meanings of Difference and Disability* Project, our collaborative committee developed a proposal for the National Portrait Gallery of Canada to design and launch an exhibition showcasing the women's photographic and digital portraiture in our project sites (Toronto, Peterborough, Sudbury) as well as communities across Ontario. Requested May 2008: \$47,478.26. Status: Decision Pending.

Ontario Women's Directorate, Envisioning new meanings of disability and difference

Building on the *Envisioning New Meanings of Difference and Disability* Project, our collaborative committee developed a proposal for the Ontario Women's Directorate to design and launch an exhibition showcasing the women's photographic and digital portraiture in our project sites (Toronto, Peterborough, Sudbury) as well as communities across Ontario. Requested October 2008: \$10,000. Status: Awarded December 2008.

Publications: Academic and Professional

REFEREED ARTICLES

Rice, C. (n.d., in press). Imagining the other? Ethical challenges of researching and writing women's embodied lives. *Feminism & Psychology*.

Rice, C. (2007). Becoming the fat girl: Emergence of an unfit identity. *Women's Studies International Forum*, 30(2), 158-174.

Rice, C. (2006). On becoming "the fat girl." In D. Gustafson and L. Goodyear (Eds.), *Proceedings of the Canadian Association for the Study of Women and Education (CASWE) Institute 6th Bi-Annual Conference. Healthy Girls, Healthy Women: Promoting Health and Healthy Educational Communities* (pp. 240-254). St. John's Newfoundland: Faculty of Medicine, Division of Community Health and Humanities, Memorial University.
http://www.med.mun.ca/comhealth/CASWE/pdf_docs/Proceedings_july22-06_diana.pdf

Larkin, J. & **Rice, C.** (2005). Beyond "Healthy Eating" and "Healthy Weights": Harassment and the health curriculum in middle schools. *Body Image: An International Journal of Research*, 2(3), 219-232.

Rice, C., Zitszelsberger, H., Porch, W., Ignagni, E., & Erickson, L. (2005). Envisioning new meanings of difference. *International Journal of Narrative Therapy and Community Work*, 3 & 4, 119-130.

Rice, C., Zitszelsberger, H., Porch, W., & Ignagni, E. (2005). Creating community across disability and difference. *Canadian Woman Studies*, 24(1), 187-193.

Rice, C. (1996). Trauma and eating problems: Expanding the debate. *Eating Disorders: A Journal of Prevention and Treatment*, 4(3), 197-237.

Rice, C. & Russell, V. (1996). EmBodying Equity: Putting body and soul into equity education, Part I: How oppression is embodied. *Our Schools, Ourselves*, 7(1), 14-36.

Rice, C. & Russell, V. (1996). EmBodying Equity: Putting body and soul into equity education, Part II: Strategies for change. *Our Schools, Ourselves*, 7(2), 42-54.

Larkin, J., **Rice, C.** & Russell, V. (1996). Slipping through the cracks: Sexual harassment, eating problems and the problem with embodiment. *Eating Disorders: A Journal of Prevention and Treatment*, 4(2), 5-26.

Rice, C. (1995). Trauma, eating problems, and the problem of embodiment. *Bibliography Series Number 3*. OISE, Centre for Women's Studies in Education, Toronto, 2-54.

Rice, C. (1994). Out from under occupation: Transforming our relationships with our bodies. *Canadian Woman Studies*, 14(3), 44-51.

Rice, C. (1993). Freeing future generations: Raising our children without food and weight problems. *Nutrition Quarterly*, 17(3), 55-71.

Rice, C. & Langdon, L. (1993). Women's struggles with food and weight as survival strategies. *Canadian Woman Studies*, 12(1), 30-34.

Publications: Academic and Professional

Rice, C. (1991). Pandora's box and cultural paradox: (Hetero)sexuality, lesbianism and bulimia. *Resources for Feminist Research*, 19(3&4). 54-59.

Rice, C. (1990). Deconstructing body image: Using memory to understand food and weight issues for women. *SEICCAN Canadian Journal of Human Sexuality*, 5(3).

REFEREED BOOK CHAPTERS

Rice, C. (2009, in press). Exacting beauty: Exploring women's body projects and problems in the 21st century. In N. Mandell (Ed.), *Feminist issues: Race, class and sexuality* (5th Edition). Toronto: Pearson Canada, Inc.

Rice, C. (2009, in press). How big girls become fat girls: The cultural production of problem eating and physical inactivity. In H. Malson & M. Burns (Eds.), *Critical feminist approaches to eating dis/orders*. London and New York: Psychology Press.

Rice, C. (2007). Beauty, ability and growing up female. In B. Crow & L. Gottell, (Eds.), *Open boundaries: A Canadian women's studies reader, Third edition* (pp. 320-332). Toronto: Pearson. (Third reprint)

Larkin, J. & **Rice, C.** (2006). Harassment and harmful body practices: Broadening the focus of body image education for girls. In F. Leach & C. Mitchell (Eds.) *Combating gender violence in and around schools: International perspectives* (pp. 125-133). Stoke on Trent, UK and Sterling, USA: Trentham Books.

Rice, C. (2002). Between body and culture. In V. Dhruvarajan & J. Vickers (Eds.), *Gender, race and nation: A global perspective*, (147-183). Toronto: University of Toronto Press.

Zitzelsberger, H., Odette, F., **Rice, C.**, Whittington-Walsh, F., & Aubin, A. (2002). Building bridges across physical difference and disability. In Sharon Abbey (Ed.), *Ways of knowing in and through the body*. Weland Ontario: Soleil Publishing.

Larkin, J., **Rice, C.** & Russell, V. (1999). Sexual harassment and the prevention of eating disorders: Educating young women. In N. Piran, C. Steiner-Adair, & M. Levine (Eds.), *Preventing eating disorders: A handbook of interventions and special challenges*, (pp. 194-208). New York: Brunner/Mazel.

Ciliska, D. & **Rice, C.** (1994). Body image/Body politics. In E. Dua, M. FitzGerald, L. Gardner, D. Taylor, & L. Wyndels (Eds.), *On women healthsharing*. (pp. 225-233). Toronto: The Women's Press.

Rice, C. & Faulkner, J. (1992). Support and self-help groups. In H. Harper-Guiffre & R. MacKenzie (Eds.), *Group psychotherapy for eating disorders*. American Psychiatric Press, Washington.

INVITED BOOK CHAPTERS

Rice, C., Zitzelsberger, H., Porch, W., & Ignagni, E. (n.d.) Creating community across disability and difference. T. Titchkovsky & R. Michalko, (Eds.), *Disability Studies Reader*. Toronto: Canadian Scholars' Press.

Publications: Academic and Professional

Rice, C. (2006). Nuestros cuerpos, territorios ocupados. In Colectivo Ma Colere, (Eds.) *Mi cuerpo es un campo de batalla: Analisis y testimonios*. (pp. 93-129). (Reprint of *Mon corps est un champ de bataille: Analyses et témoignages* by feminist press in Valencia). Valencia, Spain: Ediciones La Burbuja.

Rice, C. (2006). Out from under occupation: Transforming our relationships with our bodies. In A. Medovarski & B. Cranney (Eds.). *Canadian woman studies: An introductory reader, Second edition* (pp. 411-424). Toronto: Inanna Publications Inc. (Reprint).

Rice, C. (2005). Beauty, ability and growing up female. In B. Crow & L. Gottell, (Eds.), *Open boundaries: A Canadian women's studies reader, Second edition* (pp. 320-332). Toronto: Pearson. (Second reprint)

Rice, C. (2004). Mon corps est un champ de bataille. In Ma Colère, (Eds.), *Mon corps est un champ de bataille: Analyses et témoignages*, (pp. 58-106). Lyon, FR: Éditions ma colère.

Rice, C. (1994). Through another eye: Learning to love our bodies and ourselves. *Lesbian health guide*. Toronto: Queer Press.

INVITED ARTICLES

Rice, C. (2006, January). Body image matters. <http://www.campaignforrealbeauty.com/> and www.dove.ca/doveselfesteemfund/whyselfesteem. (submitted and accepted, August 31, 2005).

Rice, C. (2005). Becoming the “fat girl”. *Health Studies Showcase 2005*. Peterborough, Ontario, Canada: Health Studies Institute, Trent University (in press).

Rice, C. & Russell, V. (2004). Embodying equity: Creating a space for the body in equity education. *Orbit: A Publication of the Ontario Institute for Studies in Education* 34(1), 19-20.

Rice, C. (1997). Body image across the life span. *Iranian Women Quarterly Journal*, 12(2). (Persian Farsi translation of English text).

Rice, C. & Russell, V. (1997). From body image to body equity: Teaching at the intersection of equity and health. *Orbit: A Publication of the Ontario Institute for Studies in Education*, 28(1), 21-24.

Rice, C. (1993). Body image and identity. *Organization of women in leadership newsletter*.

Rice, C. (1991, Fall). Women, food and weight: New perspectives. *Women's Counselling, Referral, and Education Centre (WCREC) Newsletter*, 1-4.

Rice, C. (1991). A review of “Never Too Thin” by E. Szekely. *Resources for Feminist Research*, 19 (3&4).

Rice, C. & Langdon, L. (1991). The use and misuse of diagnostic labels. *The NEDIC Bulletin*, 6(1), 1-4.

Rice, Carla. (1991). Task force report on obesity treatments needs to focus on weightier issues. *Healthsharing* 12 (2), 8.

Publications: Academic and Professional

Rice, C. (1990, Fall). Getting cut down to size: How cosmetic and weight loss surgeries are harming women. *Hersize Newsletter*, 1-4.

Rice, C. (1990, Fall). The unkindest cut of all. *The Womanist*.

Ciliska, D. & **Rice, C.** (1989). Body image/Body politics. *Healthsharing* 10 (3), pp. 13-17.

Rice, C. (1988, June). Flesh of hope and the thinness of despair. *Rites Magazine*.

Rice, C. (1988). The prevention of eating disorders. *The NEDIC Bulletin*, 3(4), 1-4.

Rice, C. (1988, Fall). Hersize resource guide. *A Hersize Publication*.

Rice, C. (1988, Fall) Mediating fat phobia. *Hersize Newsletter*, 1-4.

Rice, C. (1988, May). The creation of fat phobia. *Mediamatch Bulletin*.

Rice, C. (1987, December). Society's obsession with thinness. *The NEDIC Bulletin*, 1-4.

TECHNICAL: HANDBOOKS, REPORTS, AND RESOURCES

Rice, C., et al (July, 2003). *Talking about Body Image, Identity, Disability, and Difference: A Facilitator's Manual*

A manual exploring body image, identity, and social interactions for women with physical differences and disabilities. The guide gives facilitators practical tools to support participants in cultivating a preferred identity through incorporating a positive sense of difference into identity. Sunnybrook and Women's College Health Centre and AboutFace International, Toronto.

Rice, C. and Russell, V. (November, 2003). *EmBodying Equity: Body Image as an Equity Issue*

A handbook on developing programs and curricula to address body image as an equity issue in middle and high schools. Describes how to work with body image as an equity issue, and discusses curricular and extracurricular activities for the Embodying Equity project, a partnership between Women's College Hospital and the Toronto District School Board. Includes close to 50 lesson plans with detailed discussion of challenges associated with same- and mixed-gender school programming. Green Dragon Press, Toronto.

Rice, C., et al (September, 2003). *Building Bridges across Difference and Disability: A Guide for Health Care Providers*

A resource guide designed to assist health care providers in increasing their comfort and competency in interactions with people with disabilities and/or facial and physical differences. The guide gives providers practical tools to enhance their communication, approach/stance, and sensitivity to boundaries in their health care interactions with people with body differences. Regional Women's Health Centre, Sunnybrook and Women's College Health Sciences Centre and AboutFace International, Toronto.

Rice, C. (August, 2000). *Introduction to Women's Health: Approaches and Problems*

A report on feminist approaches to women's health. Outlines the history of women's health movements and definitions of "women" and "health." Presents four major frameworks for

Publications: Academic and Professional

understanding women's health—biomedical, social, cultural/post-structural, and post-colonial perspectives—and examines possibilities and limitations of each model for understanding contemporary women's health problems. Centre for Research on Women's Health/Environments, York University, Toronto.

Rice, C. (June, 1995). *Promoting Healthy Body Image: A Guide for Program Planners*
A manual on promoting healthy body image for program planners. Topics include: weight preoccupation and body image dissatisfaction as a risk factor for low birthweight; prevention concepts, approaches, and strategies; health promotion communications strategies; health promotion projects and activities; mobilizing high school students; and resource development and evaluation. Prepared for the Health Promotion Directorate and the Ontario Prevention Clearinghouse. French translation available.

Rice, C., et al (May, 1993). *Caring Communities Resource Kit*
Conducted in-depth interviews with 20 resource people in selected community organizations throughout Ontario, Quebec, British Columbia, and the Maritime provinces regarding local child sexual abuse prevention initiatives. Researched each community organization, analyzed interview data, and wrote case studies on the strategies used by community groups in planning and implementing prevention programs for child sexual abuse. Caring Communities/Canadian Institute of Child Health.

Rice, C. (September, 1989). *Teacher's Resource Kit: A Lesson Plan Kit for the Prevention of Eating Disorders*
A prevention curriculum for elementary school teachers to educate students about eating disorders, healthy weights, self-image and self-esteem, the harmful effects of dieting and weight obsession in society. The National Eating Disorder Information Centre.

Rice, C. (July, 1988). *Understanding and Overcoming an Eating Disorder*
Researched academic and popular literature and authored a self-help manual directed towards individuals coping with eating disorders. The National Eating Disorder Information Centre and Health & Welfare Canada.

BOOK MANUSCRIPTS: UNDER DEVELOPMENT

Rice, C., (n.d.). *Becoming Women: Body Image and the Search for Identity* (UT Press)
Book Proposal Submitted: July 2008; Advance Contract Issued: October 2008
This book is intended as a highly engaging exploration of women's diverse body projects and problems in the past thirty years.

Hobbs, M. and **Rice, C.** (n.d.). *Gender Matters: Canadian Women's Studies in a Global Context* (Canadian Scholars'/Women's Press)
Book Proposal Submitted May 2008; Advance Contract: October 2008
This introductory women's studies reader will ground discussion and analysis of major themes in Women's Studies using the Canadian example, but emphasize contemporary transnational feminist theory and praxis.

Publications: Academic and Professional

INVITED EDITOR

Radical Psychology: A Journal of Psychology, Politics and Radicalism

Invited as a guest editor for a special issue in Radical Psychology's upcoming series on feminism and psychology focused on the topic of *bodily difference*. This issue (Fall 2009) will explore the theme of *bodily differences*, including physical differences due to size, shape, ability, and appearance as well as unusual, uncontrollable, absent, or other rejected body parts and processes rendered as "abject" in culture.

NEWSLETTERS

The National Eating Disorder Information Centre Bulletin

Wrote articles, edited guest articles, established editorial committee, and designed the National Eating Disorder Information Centre's Bulletin. The National Eating Disorder Information Centre. November 1988 – November 1991.

Nursing Research Interest Group Newsletter

Edited articles, developed newsletter themes, and designed format/layout for the Nursing Research Interest Group Newsletter, produced by the Registered Nurses Association of Ontario. Fall 1988 – May 1998.

BROCHURES/BOOKLETS

Let's Talk – Talking about sexual assault

Wrote a 24 page interactive directory on sexual violence targeting young adolescents. Included information and exercises on definitions of sexual assault, causes, myths, statistics, healthy relationships, and community resources. The Metropolitan Toronto Special Committee on Child Abuse. November 1992 – December 1992.

Metropolitan Toronto Special Committee on Child Abuse Brochure

Created and wrote a program brochure for the Metropolitan Special Committee on Child Abuse. January 1992 – March 1992.

Teaching: Academic and Expert

Teaching: Academic and Expert

UNDERGRADUATE AND GRADUATE TEACHING

Faculty Member and Course Director, The Abject Body – WMST 492H, Trent University
January 2008 – April 2008

Faculty Member and Course Director, Feminist Psychologies – WMST 496H, Trent University
September 2006 – December 2006
September 2007 – December 2007

Teaching: Academic and Expert

Faculty Member and Course Director, Women and Health – WMST 212, Trent University

September 2005 – April 2006

September 2006 – April 2007

September 2007 – April 2008

Faculty Member and Course Co-Director, Introduction to Women's Studies – WMST 100, Trent University

September 2006 – April 2007

September 2005 – April 2006

September 2004 – April 2005

Faculty Member and Course Director, Women and Popular Culture – WMST 220, Women's Studies Program, Trent University

September 2004 – April 2005

Faculty Member and Course Instructor, Gender and Health, Graduate Program of Public Health Sciences, University of Toronto

January 2004 – April 2004

January 2003 – April 2003

Stipendiary Course Instructor, Women and Health, Institute for Women's Studies and Gender Studies, University of Toronto

May 2004 – June 2004

January 2004 – April 2004

May 2003 – June 2003

May 2002 – June 2002

January 2001 – April 2001

May 2000 – June 2000

January 2000 – April 2000

Stipendiary Course Instructor, Special Topics in Women's Studies and Gender Studies, Programme in Women's Studies, University of Toronto, Scarborough Campus

January 2001 – April 2001

Course Director, Feminist Research Methods, School of Women's Studies, York University

September 1998 – April 1999

Teaching Assistant, Foundations Course: Women, Children and the Family in Europe, 1150–1800, York University.

September 1997 – April 1998

September 1996 – April 1997

Teaching: Academic and Expert

Course Instructor, Building Competency in Promoting Healthy Body Image, Department of Public Health, City of Toronto

Developed a health promotion course designed to assist public health personnel in understanding of the effects of body image problems on women's health. Topics included: cultural influences on body image; food/weight struggles and sexual violence; understanding anorexia and bulimia; body image across life-span; ethnocentric ideals of beauty; men, image, and identity; breast feeding and body image; aging; working with young women; counselling techniques and approaches; working with groups; and program design.

January 1994 – March 1994

SUMMARY OF TEACHING EVALUATIONS, 2000 – 2008

2007 – 2008

Feminist Psychologies – WMST 496H, Trent University

Overall Course Evaluation: 4.9 / 5

For 16 measures with 20 students responding

Women and Health – WMST 212, Trent University

Overall Course Evaluation: 4.85 / 5

For 17 measures with 20 students responding

Introduction to Women's Studies – WMST 100, Trent University

C Rice's Tutorial Evaluation: 4.90 / 5

Lecture Evaluation (all Lecturers): 4.4 / 5

For 9 measures with 22 students responding

2006 – 2007

Feminist Psychologies – WMST 496H, Trent University

Overall Course Evaluation: 4.86 / 5

For 17 measures with 14 students responding

Women and Health – WMST 212, Trent University

Overall Course Evaluation: 4.84 / 5

For 17 measures with 20 students responding

Introduction to Women's Studies – WMST 100, Trent University

C Rice's Tutorial Evaluation: 4.90 / 5

Lecture Evaluation (all Lecturers): 4.26 / 5

For 9 measures with 21 students responding

2005 – 2006

Women and Health – WMST 212, Trent University

Overall Course Evaluation: 4.70 / 5

For 17 measures with 31 students responding

Teaching: Academic and Expert

Introduction to Women's Studies – WMST 100, Trent University

C Rice's Tutorial Evaluation: 4.87 / 5

Lecture Evaluation (For All Lecturers): 4.32 / 5

For 9 measures with 24 students responding

2004 – 2005

Women and Popular Culture – WMST 220, Trent University

Overall Course Evaluation: No Quantitative Evaluation Conducted

Introduction to Women's Studies – WMST 100, Trent University

Overall Course Evaluation: No Quantitative Evaluation Conducted

2003 – 2004

Gender & Health, Graduate Program of Public Health Sciences, University of Toronto

Overall Course Evaluation: 4.90 out of 5

With 6 students responding

2002 – 2003

Gender & Health, Graduate Program of Public Health Sciences, University of Toronto

Overall Course Evaluation: 4.90 out of 5

With 8 students responding

2000 – 2004

Women and Health, Institute for Women's Studies and Gender Studies, University of Toronto

Overall Course Evaluation: Average of 6.25 out of 7

With a total of 300 students responding

SUMMARY OF GUEST LECTURES 1989 – 2008

Guest Lecturer, Body Secrets in Embodiment Research: Dilemmas of Embodied Engagement in Researching Women's Lives, Feminist Methodologies and Methods, Graduate Programme in Women's Studies, York University, October, 2008.

Guest Lecturer, Obsessed with Obesity? The Making and Marketing of an Epidemic, Sex, Gender, and Science, Trent University, March, 2008.

Guest Lecturer, Through the eyes of a feminist. Frost Centre Master's Colloquium, Canadian Studies and Native Studies, Trent University, November, 2005.

Guest Lecturer, Using a multi-dimensional toolkit. Frost Centre Master's Colloquium, Canadian Studies and Native Studies, Trent University, December, 2004.

Guest Lecturer, Graduate Programme in Social Work, York University, November, 2000.

Guest Lecturer, The Body in Western Society, York University, February, 1999.

Guest Lecturer, Women, Children, and the Family in Europe, 1150–1800, York University, October, Fall 1998.

Teaching: Academic and Expert

Guest Lecturer, Faculty of Education, York University, February, 1998.

Guest Lecturer, Graduate Course in Feminist Social Work Practice, Department of Social Work, University of Toronto, 1997, 1998.

Guest Lecturer, Feminist Counselling Forum, Department of Social Work, Women's College Hospital and University of Toronto, 1995, 1996.

Guest Lecturer, Department of Women's Studies, University of Toronto, 1993, 1994, 1995, 1996.

Guest Lecturer, On Women, York University, Department of Women's Studies, 1995.

Guest Lecturer, The Foundations of Medical Practice, University of Toronto Medical School, 1995.

Guest Lecturer, Men, Women and Society, Humber College, 1994.

Guest Lecturer, Women as Change Agents, Department of Adult Education, Ontario Institute for Studies in Education, University of Toronto, 1994.

Guest Lecturer, Community Psychology Program, Ontario Institute for Studies in Education, University of Toronto, 1994.

Guest Lecturer, Battered Women and Children's Counsellor/Advocacy Program, George Brown College, 1991, 1992, 1993, 1994.

Guest Lecturer, Applied Psychology Program, Ontario Institute for Studies in Education, University of Toronto, 1994.

Guest Lecturer, Home Economics Department, University of Prince Edward Island, 1993.

Guest Lecturer, Psychology and Sports, Department of Psychology, York University, 1991.

Guest Lecturer, Nutrition and Society Course, Ryerson Polytechnical Institute, 1989, 1990, 1991.

GRADUATE SUPERVISION/COMMITTEE

MA Committee: 1 completed, 2 in progress

PhD Committee: 1 completed, 2 in progress

External Examiner: 1 PhD dissertation

Doctoral Dissertation Committee Member for Ph.D. Candidate Fatima Correia, *Speaking with the body: Adolescent girls' experiences of dieting*. Department of Counselling Psychology, Ontario Institute for Studies in Education, University of Toronto.

Completed: June 2008

Master's Thesis Committee Member for M.Sc. Candidate Andrea Kirkham, *Size doesn't matter... or does it? Conundrums of power and personal experience in a non-dieting program*. Department of Nutritional Sciences, Faculty of Medicine, University of Toronto.

Completed: November 2006

Teaching: Academic and Expert

Master's Thesis Committee Member for M.A. Candidate Sue Reynolds in Canadian Studies and Indigenous Studies, Trent University.

Doctoral Dissertation Committee Member for Ph.D. Candidate Kristi Allain, Canadian Studies, Trent University, Peterborough, Ontario.

Doctoral Dissertation Committee Member for Ph.D. Candidate Manuela Ferrari, *Body Praxis: Bridging obesity, eating disorders, and weight-related issues through participatory action research*. Department of Public Health Sciences, Faculty of Medicine, University of Toronto.

External Examiner (2008, December). *Soaping the Cells: Science, Beauty and the Practice of Skin-whitening Biotechnology*. Written by Amina Ali Mire, Doctoral Candidate, Department Sociology and Equity Studies in Education, Ontario Institute for Studies in Education, University of Toronto.

PAPERS

Rice, C. (2008, November). *How big girls become fat girls: The cultural production of problem eating and physical inactivity*. Invited Speaker for the People's Health Matters Seminar Series, Division of Community Health and Humanities, Faculty of Medicine, Memorial University.

Rice, C. (2008, June). *Qualifying as a Woman: Making sex in puberty and the passage to womanhood*. Paper presented at the Canadian Women's Studies Association, Thinking Beyond Borders—Global Ideas: Global Values. Congress of the Humanities and Social Sciences, University of British Columbia, Vancouver, British Columbia.

Rice, C., Renooy, L., Odette, F. (2008, February). *Talking about body image, identity, and difference*. Workshop and paper presentation for the *Envisioning new meanings of disability and difference project*. York Institute for Health Research. York University, Toronto..

Rice, C. (2007, November). *Are we obsessed with obesity? Our kids are listening*. Paper presentation & public lecture for the Peterborough Healthy Families Network, Peterborough, ON.

Rice, C. (2007, July). *How big girls become fat girls: The cultural production of problem eating and physical inactivity*. Paper presentation at the 5th Biennial Conference of the International Society of Critical Health Psychology, Boston, USA.

Rice, C. & Renooy, L. (2007, June). *Talking about body image, identity, and difference*. Workshop and paper presentation for the *Envisioning new meanings of disability and difference project*. Peterborough, YWCA. Peterborough, Ontario.

Rice, C. (2007, May). *Secrets of sex differences: Ethical challenges of interpreting women's lives*. Paper presented at the Canadian Women's Studies Association, Making Public Knowledge – Making Knowledge Public. Congress of the Humanities and Social Sciences, University of Saskatchewan, Saskatoon, Saskatchewan.

Rice, C. & Renooy, L. (2007, May). *Talking about body image, identity, and difference*. Workshop and paper presentation for the *Envisioning new meanings of disability and difference project*. Sudbury YWCA. Canadian Hearing Society, Sudbury, Ontario.

Teaching: Academic and Expert

Rice, C. (2007, April). *How big girls become fat girls: The cultural production of problem eating and physical inactivity*. Invited speaker, Women's Studies 35th Anniversary Colloquium. University of Waterloo, Waterloo, Ontario.

Rice, C., Renooy, L & Favreau, J. (2007, March). *Envisioning new meanings of disability and difference: Ethical challenges of arts-based interventions*. Paper presentation at the 3rd Annual Women's Studies Research Day. Trent University, Peterborough.

Rice, C. (2007, February). *Exacting beauty: Exploring young women's body projects*. Opening lecture for Eating Disorder Awareness Week 2007, Atkinson Faculty of Liberal and Professional Studies, Counselling and Development Centre, and the Department of Health Education and Promotion. York University, Toronto.

Rice, C. (2007, January). *On becoming the fat girl*. Paper presented at the Graduate Women's Studies Seminar Series, Graduate Program in Women's Studies, York University, Toronto.

Rice, C. (2006, May). *Imagining the other? Reflections on researching and writing ethnic women's lives*. Paper presented at the Society for Multi-Ethnic Studies: Europe and the Americas (MESEA) 5th Conference, Ethnic Life Writing and Histories. University of Navarra, Pamplona, Spain.

Rice, C. (2006, June). *How big girls become fat girls: Cultural production of problem exercise and eating practices*. Paper presented at the Canadian Association for the study of Women and Education (CASWE) Institute 6th Bi-Annual Conference, Healthy Girls, Healthy Women: Promoting Health and Healthy Educational Communities. York University, Toronto, Ontario, Canada.

Rice, C. (2006, May). *A closer look: Documentary film and the feminist classroom*. Paper developed for the Canadian Women's Studies Association Conference at the Canadian Federation for the Humanities and Social Sciences Congress 2006. York University, Toronto, Ontario, Canada. (cancelled)

Rice, C. (2006, May). *Body image matters: Body image from childhood to womanhood*. Presented at the "Does My Belly Look Big in This? A Discussion about Body Image from Childhood to Womanhood Conference, Simcoe Mustoka Health Unit. Barrie, Ontario, Canada.

Rice, C. (2005, November). *Through the eyes of a feminist*. Guest Lecturer for Professor Julia Harrison, Frost Centre Master's Colloquium, Canadian Studies and Native Studies 500 (CSNS). Traill College, Trent University: Peterborough, Ontario, Canada.

Rice, C. (2005, November). *Framed as unfit: Implications of anti-fat attitudes for girls' perceptions and practices*. Presented at the Matter of Balance Conference on Childhood Obesity Prevention sponsored by the Peel Public Health Dept, Living Arts Centre, Mississauga, Ontario.

Rice, C. & Russell, V. (2005, October). *Embodying equity: Body image as an equity issue in educational settings*. Delivered two presentations at the Equity, Diversity, & Inclusiveness: Creating Tomorrow Through Action Today sponsored by the Kawartha Pine Ridge District School Board, Haliburton, Ontario.

Rice, C. & Renooy, L. (2005, October). *Exploring experiences of appearance and difference*. Presented the Talking about Body Image, Identity, Difference, and Disability series, at the Peterborough YWCA, Peterborough, Ontario, Canada.

Teaching: Academic and Expert

Rice, C. (2007, May). *Exacting beauty: Intensifying and diversifying female body projects and problems in the 21st century*, Closing Plenary Session, Shades of Grey, Body Image and Self Esteem Conference, National Eating Disorder Information Centre, Toronto.

Rice, C. & Renooy, L. (2005, October). *Appearance and difference in social interactions*. Presented for the Talking about Body Image, Identity, Difference, and Disability series, Peterborough YWCA, Peterborough, Ontario, Canada.

Rice, C. (2005, September). *Becoming the fat girl*. Paper presented for the Graduate Counselling Psychology Program, Ontario Institute for Studies in Education, University of Toronto, Toronto.

Rice, C. (2005, September). *Working with body image, food, and weight issues*. Student Health Service, Trent University, Peterborough, Ontario.

Rice, C. (2005, May). *Imagining the other*. Paper presented at the annual conference of the Canadian Women's Studies Association, Canadian Federation of the Humanities and Social Sciences Congress 2005 at the University of Western Ontario, London, Ontario, Canada.

Rice, C. (2005, April). *Implications of anti-fat attitudes for girls' and women's health*. Paper presented at the Body Image Coalition of Peterborough and Peterborough Public Health Department Lecture Series at the Canadian Mental Health Association, Peterborough, Ontario, Canada.

Rice, C. (2005, March). *Becoming the fat girl*. Paper presented at the Becoming, Thinking, Constructing: Feminist, Gender, and Women's Studies in 2005 conference, Women's Studies Program at Trent University, Peterborough, Ontario, Canada.

Rice, C. (2005, March). *What diverse body histories tell about the passage to womanhood*. Paper presented at the 4th International Conference of the International Society of Critical Health Psychology at the University of Sheffield, Sheffield, England.

Rice, C. (2005, January). *Becoming "the fat girl": Emergence of an unfit identity*. Paper presented at the 3rd Annual Health Studies Day, Institute for Health Studies at Trent University, Peterborough, Ontario, Canada.

Rice, C. (2004, December 7). *Using a multi-dimensional toolkit*. Guest Lecturer for Professor Julia Harrison, Frost Centre Master's Colloquium, Canadian Studies and Native Studies 500 (CSNS). Traill College, Trent University: Peterborough, Ontario, Canada.

Rice, C. (2004, September). *Gendering Fat: Fatness and identity*. Paper presented at the Politics of Obesity Symposium of the Centre for Girls' and Women's Health and the Canadian Centre for Sport Policy Studies at the University of Toronto, Toronto, Ontario, Canada.

Rice, C. (2004, June). *Imagining the other: Researching and representing diverse women's narratives of embodiment*, a paper represented at the Women, Health, and Representation Conference, University of New England, Portland, Maine.

Rice, C. (2004, February). *Becoming women: What diverse body narratives tell about the passage to womanhood*, a paper represented at the Women's Studies Program, Trent University, Peterborough.

Teaching: Academic and Expert

Rice, C. (2004, January). *Becoming women: Body image, identity, and difference in the passage to womanhood*, a paper presented at the Graduate Seminar Series, York University, Toronto.

Rice, C. (2004, January). *Children with differences in body size: How do we respond without increasing the risk for body image and eating problems*, a paper presented at the Shaping the Future Conference, University of Prince Edward Island, Charlottetown, PEI.

Rice, C. & Larkin, J. (2003, June). *Mainstreaming body equity: Rethinking approaches to preventing body image dissatisfaction and eating problems in girls*, a paper presented at Girls In/Action: An interdisciplinary Symposium about Youth In/Activity, University of Toronto, Toronto.

Rice, C. (2003, May). *Becoming women: What women's body narratives tell about the passage to womanhood*, a paper presented at the Canadian Sociology and Anthropology Association of the 2003 Congress of the Humanities and Social Sciences, Halifax, May 2003.

Rice, C., Zitzelsberger, H. & Porch, W. (2003, May). *Generating communities across difference and disability*, a paper presented at the Canadian Association for the Study of Women in Education of the 2003 Congress of the Humanities and Social Sciences, Halifax.

Rice, C., Zitzelsberger, H., Odette, F., & Aubin, A. (2002, May). *Building bridges across physical difference and disability*, a paper presented at the Canadian Association for the Study of Women in Education of the 2002 Congress of the Humanities and Social Sciences, Toronto.

Rice, C., & Russell, V., (2002, May). *From body image to body equity*, a paper presented at the Canadian Association for the Study of Women in Education of the 2002 Congress of the Humanities and Social Sciences, Toronto.

Rice, C. (2002, March). *Beauty, body, and growing up female*, a keynote talk for International Women's Day, University of Prince Edward Island, Charlottetown, PEI.

Rice, C. (2002, March). *Promoting body equity in schools*, a seminar presented at University of Prince Edward Island, Charlottetown, PEI.

Rice, C. & Larkin, J. (2001, August). *Mainstreaming body equity: Critical approaches to preventing body image dissatisfaction and eating problems in middle school girls*, a paper presented at the American Psychological Association Annual Conference, San Francisco.

Rice, C. & Larkin, J. (2000, June). *Harassment and body image: Exploring how beauty ideals are embodied*, a paper presented at the Canadian Psychological Association Annual Conference, Ottawa.

Rice, C. & Larkin, J. (2000, June). *The evolution of a community and academic study in response to the limitations of education and health models on harassment and embodiment*, a paper presented at the Canadian Psychological Association Annual Conference, Ottawa.

Rice, C. (2000, February). *A steady diet of illusion: Identity and the weight loss/appearance industry*, a paper presented a public forum held during National Eating Disorder Awareness Week sponsored by the National Eating Disorder Information Centre, University of Toronto, Toronto.

Teaching: Academic and Expert

Rice, C., Larkin, J., & Russell, V. (1999, November). *Body-based harassment, identity and embodiment*, a paper presented at the “Theories of the Body: application to Gender and Health” Seminar Series sponsored by the Women’s College Research Institute, Women’s College Hospital, Toronto.

Rice, C. (1999, April). *Applying new feminist theories in women-centred counselling and health care contexts*, a paper presented to Tridec, Women’s College Hospital, Toronto.

Rice, C. (1998, December). *What does feminist practice mean?* a paper presented to the Clinical Manager’s Forum, Women’s College Hospital, Toronto.

Rice, C. (1998, November). *Perceiving the vanished body: Body images from the middle ages to the early modern period*, presented at the Graduate Programme in Women’s Studies, Programme Seminar Series, York University, Toronto.

Rice, C. (1998, June). *Body image across the life span: Issues and interventions for family practice nurses*, a paper presented at the Family Practice Nurses Conference, Toronto.

Rice, C. (1998, March). *Ideology, privilege and responsibility*, a paper presented at the Ethics Centre and the School of Social Work, “Boundaries, Authority and Power Symposium,” Ryerson University, Toronto.

Rice, C. (1998, February). *Conceptions of the female body from the middle ages to the early modern period*, a paper presented to the Women, Children and the Family in Europe Course, York University, Toronto.

Rice, C. (1997, June). *Body image across the life span*, presented to the Iranian Women’s Group, Toronto.

Rice, C. (1997, February). *An introduction to body history research*, presented at Women’s College Hospital Research Day, Toronto.

Rice, C. (1997, February). *The body cycle: women’s body histories in context*, presented at the Women’s College Hospital Women’s Health Lecture Series, Toronto.

Rice, C., Larkin, J. & Russell, V. (1996, August). *Sexual harassment, eating problems and the problem of embodiment*, a paper presented to the International Congress of Psychology, Montreal.

Rice, C. & Russell, V. (1996, June). *Teaching at the intersection of equity and health*, a paper presented to the Teaching Women’s Health Conference sponsored by Women’s College Hospital, Toronto.

Rice, C. (1995, September). *From body image to body equity*, a paper presented for Encouraging Gender Equity: Strategies for School Change conference of the Human Rights Research and Education Centre, University of Ottawa, Ottawa.

Rice, C. (1995, September). *The great weight debate: Paradigm shifts in working with weight*, a debate held during “Setting the Stage for Change,” the 22nd Annual Conference of the Diabetes Educator Section of the Canadian Diabetes Association, Waterloo, Ontario.

Teaching: Academic and Expert

Rice, C. (1995, March). *Complimentary and collaborative approaches to working with eating disorders*, a panel presentation on paradigm differences and ethical dilemmas in working with eating disorders for Clinic Day, sponsored by Women's College Hospital, Toronto.

Rice, C. (1995, March). *The student body*, a seminar on body issues and the curriculum sponsored by the Women's Issues Committee at the Faculty of Education, University of Toronto, Toronto.

Rice, C., Larkin, J. & Russell, V. (1996, February). *Slipping through the cracks: Sexual harassment, body image and disordered eating*, a paper presentation at Dalhousie University, Halifax, Nova Scotia.

Rice, C. (1995, February). *Through another eye: Compulsory heterosexuality and its relationship to food, weight and body image struggles*, a paper presented to the Department of Women's Studies, McMaster University, Hamilton.

Rice, C. (1995, February). *The famine within*, a keynote lecture sponsored by the Prince George Eating Disorders Preventive Program, Prince George, British Columbia.

Rice, C. (1995, January). *More than skin deep: A frank discussion on the effects of our society's ideals of beauty on our youth*, a keynote lecture sponsored by the North Bay and District Health Unit, North Bay, Ontario.

Rice, C. (1995, October). *Weight preoccupation and body image dissatisfaction among women with diabetes*, a lecture sponsored by the Tri-Hospital Diabetes Centre, Toronto.

Rice, C. (1994, September). *The high cost of image obsession*, a keynote lecture sponsored by the Barrie Interagency Committee on Body Image, Barrie, Ontario.

Rice, C. (1994, September). *Freeing future generations*, a keynote lecture sponsored by the Sudbury Interagency Committee on Body Image and Science North, Sudbury, Ontario.

Rice, C. (1994, May). *Facing the tyranny of image*, a keynote lecture delivered At the "Beyond the Looking Glass" Forum Sponsored by The Jewish Women's Federation, Toronto.

Rice, C. (1994, March). *More than skin deep*, a keynote lecture delivered for International Women's Week 1994. Sponsored by University of Prince Edward Island Women's Centre, Charlottetown, PEI.

Rice, C. (1994, February). *To diet or not to diet*, an address delivered for the Medical Grand Rounds. Sponsored by Women's College Hospital, Toronto.

Rice, C. (1994, February). *Questioning cultural ideals of beauty*, a keynote panel address delivered for the "Nothing But the Truth" forum. Sponsored by the York Region Department of Public Health, Toronto.

Rice, C. (1994, February). *Body image and identity*, an address delivered for the University Women's Club, Port Hope, Ontario.

Rice, C. (1993, December). *Intimate battlegrounds: How violence drives us out of our bodies and our minds*, keynote address delivered for the Fourth Annual Program on Violence Against Women. Sponsored by the Toronto Board of Education, Toronto.

Teaching: Academic and Expert

Rice, C. (1993, October). *Paradigm shifts*, keynote panel presentation on paradigm shifts for the “Orchestrating Change” conference. Sponsored by Ontario Dietetic Association, Waterloo, Ontario.

Rice, C. (1993, June). *Making connections: The impact of trauma on the body*, panel presentation at an open forum on the relationship between violence and body image problems. Sponsored by Aftermath, Toronto.

Rice, C. (1993, May). *Body as battleground*, panel presentation at an open forum entitled “More Than Skin Deep”. Sponsored by the Regional Women's Health Centre, Women's College Hospital, Toronto.

Rice, C. (1993, May). *Weight prejudice as a human rights issue*, panel presentation at an open forum entitled “Demystifying the Diet Roller Coaster”. Sponsored by the Ontario Heart and Stroke Foundation and the School of Nutrition, Family and Consumer Studies, Ryerson University, Toronto.

Rice, C. (1993, May). *Reflecting women: Media and the politics of appearance*, presented at the Toronto Board of Education conference “Making the Links,” Toronto.

Rice, C. (1993, March). *War on women's bodies*, keynote presentation at an open forum entitled “Body Image: Voicing Our Experiences Through Our Bodies”. Sponsored by the McGill Sexual Assault Care Centre and the Anorexia and Bulimia Foundation of Quebec, Montreal, Quebec.

Rice, C. (1993, February). *Should I be on a diet?* panel presentation at Women's College on Women's Health Clinical Day, Women's College Hospital, Toronto.

Rice, C. (1993, February). *Weight prejudice, weight preoccupation and eating disorders: Issues and interventions for teachers*, Federation of Women Teacher's Associations of Ontario, Equity through Diversity Conference, Toronto.

Rice, C. (1991, April). *Weight discrimination: An acceptable prejudice?* a keynote talk delivered at the University of Western Ontario Nutrition Symposium, London, Ontario.

Rice, C. (1991, September). *An overview of the prevention of eating disorders*, Canadian Psychiatric Association, September 1990.

Rice, C. (1990, May). *Deconstructing body image: Using memory to understand food and weight issues for women*, presented at the annual conference of the Canadian Psychological Association, Toronto.

Rice, C. (1990, May). *The prevention of eating disorders*, presented to the Department of Psychiatry, The Toronto Hospital, Toronto.

Rice, C. (1990, May). *Weight preoccupation, weight prejudice and eating disorders: Issues and interventions for direct service workers*, presented at the “No More Secrets” Conference, Toronto.

Rice, C. (1989, September). *Re-defining body politics: Weight preoccupation, weight prejudice and eating disorders*, presented for the Women and Health Workshop Series, Charlottetown, PEI.

Rice, C. (1989, April). *Weight prejudice: Exploding the myth that the ‘obese’ overeat*, presented at the Beyond Survival Conference, Toronto.

University Service and Other Scholarly Activities

FILM/DIGITAL STORY – ELEPHANT IN THE ROOM

As a result of participating in a 3-day conference on digital storytelling, I made a short autobiographical film based on my body image research using state-of-the-art video editing software and digital sound equipment. I use the “Elephant in the Room” in presentations and trainings with academics and health providers to highlight self-reflexivity in health research and practice.

University Service and Other Scholarly Activities

UNIVERSITY SERVICE AT TRENT

Member, Trent University Senate Committee, September 2008 – December 2008

Acting Chair, Women’s Studies Department, June and July 2008

Chair, Women’s Studies Department Research Ethics Committee, January 2007 – On-going

Chair, Women’s Studies Department Chair Search Committee, 2007 – 2008

Member, Women’s Studies Department Chair’s Advisory Committee, 2007 – On-going

Member, Women’s Studies Department External Program Review Committee, 2008 – 2009

Member, Women’s Studies Department Program Committee, 2004 – On-going

Member, Women’s Studies Department Personnel Committee, 2004 – On-going

Member, Research Ethics Committee, Women’s Studies Department, January 2006 – January 2007

Member, OGS and SSHRC Ad Hoc Ranking Committee, Women’s Studies Department, January – February 2005, 2006, 2007

Women’s Studies Faculty Representative, Ontario University Fair, September 2005, 2006, 2007

Women’s Studies Faculty Representative, Trent University Open House, Fall 2004, 2005

Women’s Studies Faculty Representative, Trent University Open House, Spring 2005, 2007, 2008

Member, Lady Eaton College, 2004 – 2007

Academic Advisor to six in-coming students at Lady Eaton College, September 2004 to April 2005; September 2005 to April 2006; September 2006 to April 2007; September 2007 – April 2008.

INVITED PARTICIPATION AT SCHOLARLY CONFERENCES

Rice, C. Invited delegate (2007, November.) *Obesity and Eating Disorders: Seeking Common Ground to Promote Health: A national meeting of researchers, practitioners, and policymakers.*

A national symposium of 40 researchers, practitioners, and policymakers in the areas of obesity and eating disorders organized by health investigators from the University of Calgary, Hospital for Sick Children, University of Alberta, and McGill University, held in Calgary, Alberta.

University Service and Other Scholarly Activities

Rice, C. Invited chair (2006, June). Halifax-Davis, N., Hopkins, L. and Patton, M.

Body stories / Histoires des corps.

Symposium conducted at the Canadian Association for the study of Women and Education (CASWE) Institute 6th Bi-Annual Conference, Healthy Girls, Healthy Women: Promoting Health and Healthy Educational Communities. York University, Toronto, Ontario, Canada.

Rice, C. Invited participant (2006, May). *Think tank in theorizing women's health.*

Meeting of the Women's College Research Institute, the New Women's College Hospital and Faculty of Medicine. University of Toronto, Toronto, Ontario, Canada.

OTHER SCHOLARLY ACTIVITIES

Advisory Committee Member

Graduate Student Research Day Planning Committee, Women's College Research Institute, Sunnybrook and Women's College Health Sciences Centre, Toronto, Ontario, Canada, May 2004 – On-going

Women's College Research Institute Scholarship Committee, Sunnybrook and Women's College Health Sciences Centre, Toronto, Ontario, Canada, March 2005 – On-going

Referee for Paper Presentations and Publications

Referee (2008, May). Reviewer for the manuscript *Gender, health, and popular culture: Historical perspectives*. Wilfrid Laurier University Press.

Referee (2007, December). Reviewer for the manuscript *Feminist counselling: Theory, issues, and practice*. Canadian Scholar's Press / Women's Press.

Referee (2006 – On-going). *Atlantis: A Women's Studies Journal*.

Referee and Judge (2004, 2005, 2006, 2007, 2008, May). 3rd, 4th, 5th, 6th, and 7th Annual Graduate Student Research Day. Women's College Research Institute, Sunnybrook and Women's College Health Sciences Centre. Toronto, Ontario, 2004 – On-going

Referee (2006, April). Review of book proposal *Feminist theorizing across the disciplines*. Broadview Press.

Community Service: Public Education and Program Development

PUBLIC EDUCATION

THEATRE, TELEVISION, FILM AND VIDEO

Provided consultations for television, theatre, film, video and art projects including: The Discovery Channel; Man Alive; Arts and Entertainment Channel; TVO; The Journal; Global Television Network; “Take Another Look” (a film on body image); “The Last Temptation of Eve” (a video and art installation piece); “Runaway Lane” (a play for adolescents on eating problems); “Ready or Not”, a Global Television Network production; and “Fed-up” (a self-help book for women wanting to overcome food and weight preoccupation). September 1989 – Ongoing.

WORKSHOPS

Conducted numerous workshops for organizations including: • Habitat Women's Shelter • Equal Opportunity Office, Toronto Board of Education • Port Hope University Women's Club • Opportunity for Advancement • Toronto Occupational Health Nurses Association • Planned Parenthood of Toronto • Elizabeth Fry Society • Peel Public Health Department • East End Community Health Centre • Tri-Hospital Diabetes Clinic • Bay Centre for Birth Control • Grant House • YWCA Breakthrough Program • Harbord Collegiate School • Status of Women • Lesbian and Bisexual Peer Support Group, Toronto Board of Education • North Bay and District Health Unit • Brief Psychotherapy Centre for Women • Robert Thomson Youth and Family Centre • Metropolitan Toronto Boards of Education • Many schools in Toronto and surrounding areas • Public Health Departments in Metropolitan Toronto • York University Peer Counselling Program • St. Joseph's Women's Health Centre • Peterborough Women's Health Centre • Toronto Women's Health Network • University of Prince Edward Island • Worker's Compensation Employee Health Services • Sexual Assault Care Centres • Conferences for Camp Counsellors • Toronto Board of Education Administrators and Support Staff • Almaguin Highlands Secondary School, South River • Women's Counselling, Referral and Education Centre • Humewood House • Hospital for Sick Children Adolescent Medicine Unit • Youth Clinical Services • Algoma Best Start • Barrie Best Start • Hastings and Prince Edward Counties Health Unit • Better Beginnings, Ontario Ministry of Health • Department of Psychiatry, The Toronto Hospital • Parkdale Community Health Centre • Canadian Union of Public Employees • Metropolitan Toronto Special Committee on Child Abuse • Ontario Institute for Studies in Education • Ontario Ministry of Health • Women's Health Matters Forum and Expo.

MEDIA

Participated in interviews with radio, print, and television media including: • Toronto Star • Montreal Gazette • Ottawa Citizen • Toronto Sun • Now Magazine • Canadian Living • London Free Press • Vancouver Courier • Globe and Mail • Canadian Press • Prince George Observer • Peterborough This Week • Peterborough Examiner • Elle Canada • Chatelaine • Flare • CBC Radio • Radiance Magazine • Images Magazine • CJRT • CFRB • CHWK • Q107 • CHUM-FM • CFNY • CKNW • Maclean's Magazine • YTV Hits Radio • K103 • CJEZ • CIUT • CKLN • Life Channel • The Ryersonian • CBC News • Discovery Channel • WTN • CHEX • CPAC • Global Television Network • City TV and others.

*Public Education & Project Development***PROGRAM AND POLICY DEVELOPMENT****CLINICAL SPECIALIST, BODY IMAGE PROJECT, WOMEN'S COLLEGE HOSPITAL**

Developed a program addressing the continuum of body image problems. The project provided: counselling services for girls/women with weight and non-weight related body image concerns; intensive clinical training for master's and doctoral students in nursing, psychology, social work, and women's studies; clinical supervision to family physicians and women's health scholars; consultation to professional and community groups; research on body image across the life span; and new project development, including initiatives for women with physical differences and disabilities. Established a unique counselling model to meet gaps in services, drawing from feminist and postmodern psychologies. Developed proposals and worked with Women's College Hospital Foundation to raise funds for program implementation. May 1992 – August 2005.

**MANAGER, DISABILITIES AND PHYSICAL DIFFERENCES INITIATIVE
REGIONAL WOMEN'S HEALTH CENTRE, WOMEN'S COLLEGE HOSPITAL**

Developed a project addressing issues related to everyday experiences in social interactions of women living with disabilities and facial/physical differences. Conducted interviews to determine community needs, forged partnerships with key organizations to develop project idea, and wrote funding proposals to pilot the project. Supervised creation and implementation of a counselling method using feminist and narrative psychology. Developed art and storytelling workshops for women with facial and physical differences and disabilities focusing on creating identities incorporating physical difference or disability into a positive sense of self. Supervised a research project on body image and facial difference across the life span and on the experiences of people with physical differences and/or disabilities in the health care system. Received various grants, including \$200,000 in Trillium funding. June 1997 – August 2005.

**RESEARCHER AND CONSULTANT, ELEMENTARY TEACHER'S FEDERATION OF
ONTARIO**

Researched and co-authored "Mainstreaming Body Equity," a report on developmental and sociocultural processes influencing the emergence of body image dissatisfaction and eating problems in 4 to 14 year old girls. Made recommendations for development of body image curriculum, teacher training, parental education and extracurricular school activities across the elementary panel. Sit on an advisory committee consulting on implementation of the project. July 2001 – September 2002.

**COORDINATOR, RUNAWAY LANE: A BODY IMAGE THEATRE PROJECT
IN CONJUNCTION WITH THE CITY OF TORONTO PUBLIC HEALTH DEPARTMENT**

Planned, developed and administered a grant for a theatre project on body image. The project was implemented in 18 schools in the West End of Toronto, and included the theatre production, curricula for teachers, and handouts for students and parents. Over 3000 students who saw the production were given pre-performance and post-performance lessons and questionnaires. Conducted a quantitative evaluation of the project, with 1000 students responding. April 1995 – August 1998.

*Public Education & Project Development***CONSULTANT, BC MINISTRY OF HEALTH AND MINISTRY RESPONSIBLE FOR SENIORS
THE EATING DISORDER STEERING COMMITTEE**

Planned and developed workshops for the Community Health Division of the British Columbia Ministry of Health. Wrote a report documenting conference proceedings, provided a literature review of prevention research; assisted in the development of a provincial policy framework for promoting healthy body image and preventing eating disorders; assisted in the development of a provincial response strategy; and created a tool for evaluating existing prevention materials and projects. September 1996 – November 1996.

**CONSULTANT, BEST START: COMMUNITY ACTION FOR HEALTHY BABIES PROJECT,
HEALTH PROMOTIONS BRANCH, MINISTRY OF HEALTH IN CONJUNCTION WITH THE
HEALTH COMMUNICATION UNIT, CENTRE FOR HEALTH PROMOTION, UNIVERSITY
OF TORONTO**

Planned and developed workshops for the Best Start Healthy Babies Demonstration Project in conjunction with the Health Communication Unit at the Centre for Health Promotion, University of Toronto. Wrote a manual addressing low birthweight, pregnancy, and body image issues and focusing on communication strategies to promote healthy body image in women of childbearing age. The workshop training and follow-up manual were designed to assist Best Start staff and other community groups in developing communication campaigns to address body image problems among pre-conceptual women. Provided consultation with communities in the Sault Saint Marie and Barrie areas (including local aboriginal communities) regarding future planning to mobilize the community around body image concerns and low birthweight. October 1993 – February 1995.

CHAIR, BODY IMAGE WORKING GROUP, TORONTO BOARD OF EDUCATION

Facilitated the development of a body image working group through the former Toronto Board of Education and chaired the initiative. Assisted in the recruitment of student program and curriculum consultants to sit on the advisory committee, representing art, health, women's studies, race relations, history, science, and family studies. Piloted body image support groups for young women, delivered professional development workshops for teachers, guidance counselors and other personnel, ran a lecture series for staff, and organized teachers to develop and test new curriculum ideas. June 1992 – August 1996.

**CONSULTANT, MENTAL HEALTH REFORM STRATEGY
WOMEN'S HEALTH BUREAU, MINISTRY OF HEALTH**

Researched and wrote a comprehensive position paper on mental health reform from the perspective of women. The report was designed to provide a social understanding of women's mental health problems, and included an alternative vision of women's mental health, an analysis of the social realities of women's mental health problems, and women's relationships to the mental health system. The report was also developed as a feminist response to "Putting People First," a plan for mental health reform developed by the Ministry of Health. October 1993 – April 1994.

Public Education and Program Development

**CONSULTANT, PRIMARY PREVENTION PROGRAM
METROPOLITAN TORONTO SPECIAL COMMITTEE ON CHILD ABUSE**

Developed public relations and fund-raising initiatives for a community-based organization committed to reducing the incidence of child sexual abuse and improving system responses to sexually abused children. Conducted a consultation process to determine the funding needs and resources of the organization. Set-up a data base with over 100 potential funding bodies, developed proposals and letters of inquiry, and computerized fund-raising efforts. Designed promotional and educational materials such as an agency brochure. Assisted in the development of initiatives and projects for the primary prevention of child sexual abuse. January 1992 – April 1992.

**PROGRAM DIRECTOR
THE NATIONAL EATING DISORDER INFORMATION CENTRE**

Coordinated a national prevention and health promotion service committed to increasing public awareness of eating disorders. Designed and implemented innovative programs such as specialized workshops for educators, health care workers, and consumers, and campaigns such as Eating Disorder Awareness Week. Conducted assessment of community needs through consultation with consumers and community groups to develop programs to meet gaps in service provision. Determined agency directions through conducting planning sessions, setting organizational goals, and evaluating program objectives. Created innovative programming using a unique, women-centered approach to prevention. Administered an annual budget of \$140,000, a paid staff of three and volunteer staff of ten. March 1989 – November 1991.

**AWARENESS WEEK CO-ORDINATOR
THE NATIONAL EATING DISORDER INFORMATION CENTRE**

Coordinated a national public education campaign to increase awareness of the causes of eating disorders. Established a national steering committee of concerned health professionals and activists across Canada to act as spokespersons and organize local events. Assisted in mobilizing resources throughout the country to promote participation in all regions. Set up a local advisory committee of consumers and organizations to consult on promotion campaigns and strategies to reach target groups. Organized and coordinated local community events, such as theatre and film nights, open forums, workshop series, speak outs, and conferences. Developed and implemented a national media campaign. Raised funds for special Awareness Week events and promotional materials. Transformed the week from a local effort to an international campaign. March 1989 – November 1991.

OTHER COMMUNITY ORGANIZING

Advisory Committee, Mediawatch, August 1999 – February 2000.

Steering Committee, Women's College Hospital Women's Health Matters Forum and Expo, Women's College Hospital, \ August 1998 – February 2001.

Board Member, The National Eating Disorders Foundation, October 1996 – Ongoing.

Advisory Committee, Smoking, Body Image, and Young Women, A Health Promotion Project, The Centre for Health Promotion, April 1996 – June 1997.

Consultation & Clinical Practice

Community Advisory Committee Member, The Brief Psychotherapy Centre for Women, May 1992 – June 1995.

Chair, Women's College Hospital Lecture Series Committee, Regional Women's Health Centre, Women's College Hospital, January 1993 – June 1993.

Board Member, The Women's Counselling, Referral and Education Centre (WCREC), October 1990 – October 1992.

Advisory Committee Member, Community Resources and Initiatives. September 1988 – May 1990.

CONFERENCE ORGANIZER

Developed and administered a conference series on topics related to eating problems. October 1989 – November 1991.

Consultation and Clinical Practice

CONSULTATION

Love the Skin You're In! Daughters, mothers, and mentors discuss body image
Kawartha Lakes Body Image Coalition, Trillium Lakelands District School Board, Catholic District School Board, Canadian Mental Health Association, and Haliburton, Kawartha, Pine Ridge District Health Unit.

Designed and developed a keynote presentation to foster an honest dialogue between girls, mothers, and adult mentors focusing on girls' body images experiences, issues and challenges. November 2008.

Making a Difference: A workshop series for creating body positive communities and supporting people living with eating disorders

Christy's Light Foundation, Sault Saint Marie

Developed and delivered two training seminars: Creating Body Positive Communities and Challenging Disordered Eating Practices. The first explore cultural trends in body image and eating problems and examined interventions found to be effective in promoting healthy bodies and communities. The second used narrative-informed ways of working to focus on how families and professionals could support people living with eating disorders to challenge disordered eating practices. October, 2008.

Girls' Talk: Real Girls, Real Bodies, Real Issues, Real Answers and Love the Skin You're In

Robert Service Public School and Charles Gordon Public School, Scarborough, Ontario

Designed and developed workshops and keynote presentations looking at girls' body drama – their experiences, issues, challenges, and solutions – specifically focused on new media marketing trends of selling idealized and sexualized bodies to tween girls. April and May 2008.

*Consultation & Clinical Practice**Meeting the Changing Needs of Girls Conference*

Big Sisters Association of Ontario, Orillia, Ontario Provided facilitation and consultation on the development of responses to girls in their transition from childhood to adolescence, specifically the pressures high-risk girls confront concerning their developing bodies, sexualities and identities. Facilitated a half-day workshop on the development of an action plan. May 1998.

Developing a Community Resource Centre for the Promotion of Healthy Body Image

Body Image Committee, Sault Ste. Marie, Ontario Provided facilitation and consultation on the development of a community resource centre for the prevention of body image problems and eating disorders. Facilitated a one-day workshop on the development of an action plan. March 1997.

Emerging Approaches to Preventing Eating Disorders and Promoting Healthy Body Image

North York Public Health Department, North York, Ontario Provided consultation on the development of community responses to body image problems and eating disorders. Facilitated a half-day workshop on the development and implementation of new approaches to health promotion and prevention programming. March 1997.

Weighing the Risks: Girls, Boys and Body Image

Winnipeg Women's Health Centre, Winnipeg, Manitoba Provided consultation on the development of community responses to body image problems and eating disorders. Facilitated a one-day workshop on the development and implementation of new approaches to health promotion and prevention programming. February 1997.

Resisting the Beauty Myth: Community Interventions for Preventing Eating Disorders and Promoting Healthy Body Image

Central Vancouver Island Health Unit, Port Alberni, British Columbia Provided consultation on the development of community responses to body image problems and eating disorders. Facilitated a one-day workshop on the development and implementation of health promotion and prevention programming. October 1996.

Dismantling Old Myths, Building New Models: Emerging Approaches to Promoting Healthy Body Image and Preventing Eating Disorders

Community and Public Health Division, Prevention and Health Promotion, British Columbia Ministry of Health, Vancouver, British Columbia Provided consultation on the development of coordinated and systemic responses to body image problems and eating disorders. Facilitated a one-day workshop on the development, implementation and evaluation of health promotion and prevention programs. October 1996.

Research Review: Emerging Approaches to Promoting Healthy Body Image

Eating Disorders Prevention Steering Committee, Vancouver, British Columbia Provided consultation on the development of coordinated and systemic prevention responses to body image problems and eating disorders. Facilitated half workshop on the development and implementation of new health promotion and prevention programs. October 1996.

*Consultation & Clinical Practice****Promoting Healthy Body Image and Preventing Eating Disorders***

Porcupine Health Unit, Timmons, Ontario Provided consultation on the development of community responses to body image problems and eating disorders. Facilitated a one-day workshop on the development and implementation of health promotion and prevention programming as well as counselling approaches and strategies. September 1995.

Food, Weight and Body Image: Preventing and Treating Eating and Body Image Problems

Prince George Eating Disorders Preventive Program, Prince George, British Columbia Provided consultation on the development of community responses to the continuum of body image problems. Facilitated a two-day workshop on the development and implementation of health promotion and prevention programming as well as counselling approaches and strategies. February 1995.

Health Promotion Directorate and The Centre for Health Promotion, Toronto Provided consultation on the development of health communication strategies for the promotion of healthy body image among pre-conceptional women. Facilitated a daylong workshop and developed a manual in conjunction with the Centre for Health Promotion. February 1995.

Community Interventions for Promoting Healthy Body Image

North Bay and District Health Unit, North Bay, Ontario Provided consultation on the development of community responses to the continuum of body image problems. Facilitated the development and implementation of health promotion and prevention programming. January 1995.

Promoting Health Body Image in Schools

Inter-Agency Eating Disorders Steering Committee, Belleville, Ontario Provided consultation on the development of community responses to the continuum of body image problems. Facilitated the development and implementation of curriculum as well as health promotion and prevention programming for educators. Wrote a report documenting the planning of workshop participants. October 1994 – March 1995.

Escaping the Beauty Myth: Helping Young People Build Body Esteem

Sudbury Body Image Awareness Committee, Sudbury, Ontario Provided consultation on the development of body image and weight preoccupation programs for school boards and local agencies. Facilitated the development and implementation of health promotion and prevention

Health Communication and Community Mobilization

Barrie Interagency Body Image Committee, Barrie, Ontario Consulted on the development of body image and weight preoccupation resources for children and youth. Assisted in planning and provided resources to facilitators, teachers, community workers and others. March 1993.

Youth Focus on Body Image

Algoma Body Image Committee, Sault Saint Marie, Ontario Provided consultation on the development of body image and weight preoccupation resources for children and youth. Assisted in planning a community network and provided resources to facilitators, teachers, community workers and others. March 1993.

Consultation & Clinical Practice

The Body Image Workshop: Helping Young Women Build Resistance to the Beauty Myth, Robert Thompson Centre, Allston, Ontario Provided consultation on the development of body image and weight preoccupation groups for young women and girls with eating/weight struggles. Assisted in planning and resource development with group facilitators. February/March 1993.

Sudbury Eating Disorder Clinic, Sudbury, Ontario Provided consultation on the development of body image and weight preoccupation groups for women with eating/weight struggles. Assisted in planning and resource development with group facilitators. September 1992.

YWCA, London, Ontario Provided consultation on the development of a body image group for women with eating problems. Assisted in the planning stages and provided resources to group facilitators. June 1992.

Bay Centre for Birth Control, Toronto, Ontario Provided consultation for the integration of appropriate assessment and referral techniques around body image, food and weight issues in birth control counselling. June 1992 – October 1992.

Anorexia Nervosa and Bulimia Association of Montreal (ANAB), Montreal, Quebec Provided consultation on organizational development and co-ordination of public education campaigns. January 1991.

Departments of Public Health, Province of Ontario Provided consultation on body image program and resource development to numerous public health departments including the Toronto, Peel, Scarborough, Algoma District, North York, York Regional, Hastings and Prince Edward Counties Health Departments. March 1989 – Ongoing.

Eating Disorder Awareness Week, USA Provided consultation on the co-ordination of public education campaigns. November 1990.

Kitchener-Waterloo Hospital, Kitchener-Waterloo, Ontario Provided consultation on the development of a non-dieting program for women. April 1990.

Peterborough Women's Health Centre, Peterborough, Ontario Provided consultation on the development of services on body image, food and weight issues for women in Peterborough area. September 1989.

Other Have provided consultation as well as clinical support to other organizations including Oshawa Community Health Centre, Health Canada, Jean Tweed Treatment Centre, Hospital for Sick Children as well as other agencies/systems throughout Ontario. Ongoing.

Consultation & Clinical Practice

CLINICAL PRACTICE

BODY IMAGE PILOT PROJECT GROUP FACILITATOR

Designed and facilitated school-based groups for young women concerned about body image. Groups piloted for 9-11 year olds, 12-14 year olds and 15-17 year olds. Provided a forum for education around issues related to body image, action plans supporting students to make systemic change in schools, referrals to community resources, and assistance in creating a healthy school environment. Toronto Board of Education. January 1993 – August 1996.

SEXUAL ASSAULT/SEXUAL ABUSE COUNSELOR AND GROUP FACILITATOR

Provided individual counselling for women contacting the Sexual Assault Care Centre, Women's College Hospital. Addressed issues spanning from recent and past sexual assaults to rape and child sexual abuse. Also designed and facilitated groups for women coping with the effects of violence in their lives. Provided a forum for support, creative expression, education around issues relevant to sexual violence, exploration and resolution of feelings related to trauma, and referrals to community resources. Practicum for a Masters Degree in Education in Applied Psychology, The Ontario Institute for Studies in Education. September 1992 – April 1993.

SUPPORT GROUP FACILITATOR/DIRECT SERVICE WORKER/CRISIS COUNSELOR

Facilitated a support group for women coping with anorexia and bulimia and provided telephone referrals, support and crisis counselling for those contacting the National Eating Disorder Information Centre. Provided a forum for support and sharing, education around issues related to food and weight concerns, referrals to community resources for women with special needs, and information on recovery and therapy options. National Eating Disorder Information Centre. May 1986 – November 1991.

PSYCHO EDUCATIONAL GROUP FACILITATOR

Facilitated psychoeducational program for women yo-yo dieters who wanted to explore food and weight issues, establish healthy eating and activity patterns and increase weight/self acceptance. The National Eating Disorder Information Centre. January 1988 – June 1988.

RECENT PROFESSIONAL DEVELOPMENT

Digital Storytelling Workshop

Sponsored by the Centre for Digital Storytelling

Women's College Hospital, Toronto, September 15 – 17, 2007

Arts-based Research in Health

Wellesley Hospital, Toronto, June 14, 2005

Therapeutic Conversations 5

Toronto, May 5 – 8, 2004

Intensive Training in Narrative Therapy and Folk Psychology and the Scaffolding of Therapeutic Conversations with Michael White

Toronto, October 18 – 25, 2002

Consultation & Clinical Practice

American Psychological Association Annual Conference
San Francisco, August 2001

Canadian Psychological Association Annual Conference
Ottawa, June 2000

Narrative Therapy Training, Year 1
Toronto Narrative Therapy Training Institute
Toronto, September 1999 – April 2000

Building Bridges: Developing Partnerships in Women's Health
Victoria, BC, April 2000

EMDR-Eye Movement Desensitization and Reprocessing Training Program and Certificate
Toronto, August – September 1999

FIELD PLACEMENT INSTRUCTOR

Supervised students from:

University of Toronto Medical School

University of Toronto Faculty of Nursing, BScN and MScN programs

Ontario Institute for Studies in Education, University of Toronto, MEd, DEd, and PhD
programs

George Brown College, Certificate programs in Human Services and Women's Services

York University School of Social Work, BSW and MSW programs

Ryerson University Social Work Program, BSW program

The Alder Institute, MEd program